

REGISTRATION FORM

Name:

Address:

.....P/code:

Phone: (.....).....

Email:

Dietary requirements / Special needs:

.....
(if vegetarian, indicate whether fish & chicken is ok)

I would like to attend the *Sydney Benedictine Experience 2009* (24th-27th July 2009) and enclose :-

- Deposit \$50.00 (non-refundable) **OR**
 - Retreat fee \$280 (Friday-Sunday pm)
- (Full fee payable by 10th July 2009)

[Please make cheques payable to:
Benedictine Abbey, Camperdown]

To assist with planning please complete below:

I will / will not arrive in time for dinner on Friday.

I do / do not have a copy of *A Prayer Book for Australia*.

Mail registrations to:
Sydney Benedictine Experience 2009
St. Mark's Abbey
P.O. Box 111
Camperdown Vic 3260

The Benedictine Experience Sydney 2009



This *Benedictine Experience* will be suitable for people new to the Rule of St Benedict as well as for those who wish to extend their knowledge of the Rule and to deepen their spiritual life.

This year the *Benedictine Experience* will give an overview of the Rule of St Benedict and will also look at some of the foundations of monasticism, e.g. the desert fathers and mothers. There will be a focus on the gifts that monasticism offers people living in the 21st century: adopting a rule for life, embracing the contemplative, *lectio divina* (the prayerful reading of scripture) and Christian meditation.

Periods of silence will be observed throughout the day and evening, with opportunities provided for discussion.

Spiritual Direction will be available to those who desire it.

Participants will be free to participate in all or some of the program offered.

"Listen, with the ear of your heart."
from the Prologue, Rule of St. Benedict

A RETREAT IN THE BENEDICTINE TRADITION



24th-26th July 2009

St Joseph's Spirituality &
Education Centre
8 Humphreys Rd
Kincumber South NSW 2251

Information

Conductor:

Fr. Michael King, OSB
Abbot
St. Mark's Anglican Abbey

Venue: St Joseph's Spirituality &

Education Centre
8 Humphreys Rd
Kincumber South NSW 2251

Enquiries & Registrations:

Sydney Benedictine Experience
St. Mark's Abbey
P O Box 111
Camperdown VIC 3260

email: abbeyretreats@dodo.com.au
tel: 03 5593 2348
fax: 03 5593 2887

What to bring:

Casual, comfortable clothes
Toiletries
Bible
Notebook, pen, pencil
A Prayer Book for Australia (APBA)

Dates & Costs

Retreat: 4.00pm Friday 24 July 2009
to
9.00am Sunday 26 July 2009

Cost: \$280 (Friday-Sunday 4.30pm)

Mail Registration & Payment to:

Sydney Benedictine Experience
St. Mark's Abbey
P O Box 111
Camperdown VIC 3260

Forward registration form with either deposit of \$50.00 or full payment of \$280.00. Full payment must be received no later than Monday, 10th July 2009 to ensure a place.

[Please make cheques payable to
Benedictine Abbey, Camperdown]

Further information about the weekend will be sent after registration is received. **All monies must be paid prior to the Retreat.**

Please make this event
widely known.

Share this
information with
friends and contacts,
and extend an invitation
to others who may wish
to explore and
experience Benedictine
Spirituality.

Information about the
weekend and a copy of this
form may be found at
www.benedictineabbey.com.au/librarydrawer